

## **Step Study Meeting Norms**

### **1. This is a safe place for everyone**

**Everyone is welcome here. We are not here to judge one another, but are here for each other.**

### **2. We have relaxed rules for crosstalk**

**Commenting on each other's sharing is okay, but giving advice is not. We are here to build off of each other's experiences.**

### **3. Confidentiality**

**Whatever is said at these meetings, stays at these meetings. In order to be vulnerable and feel safe, we must be able to trust one another.**

### **4. This meeting is a commitment.**

**One of our biggest priorities every week is this meeting. Please make it a point to be here. This is where the healing and progress is made.**